

13 days
since

12/23/2024

since turning 23, I have
had many revelations
that have pressured
me in so much pain.

I haven't had a clue of
what to do with myself
since. It feels like
there is nothing in me
that has a right to exist.

my core purely as is
all needs repair and
cleansing

i don't know
what to do

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what to do

where do i start?

how do i talk less?
how do i listen better?
how do i be less sensitive?
how can i be tougher?
how can i be braver?
how do i not forget?

how can i be more focused
how do i be more confident?
how can i be better?
how do i get rid of
me holding on and
being so scared?
how can i be me?
~~why do~~ i have to fix so
much if i do.

so much starts
from within



its
at my
core

god, can you
guide me on
this journey?

can you tell
me im
doing whats
right?

